




March 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <ul style="list-style-type: none"> ➤ Women's Group @ the Wellness Center 1pm-3pm ➤ After School Ski Program Omineca Ski Trail from 3:30pm-5:00pm* ➤ Right to Play ~ Youth Center from 5pm-7pm <p style="text-align: center;">Ash Wednesday</p>	2 <ul style="list-style-type: none"> ➤ Xplore Sports Program @ WKE from 3:30pm-5pm ➤ Badminton/Volleyball at WKE from 6:30pm-8:00pm ➤ Right to Play ~ Youth Center from 5pm-7pm 	3 <ul style="list-style-type: none"> ➤ Food Skills for Families ~ Wellness Center from 11am - 3pm 	4
5	6 <ul style="list-style-type: none"> ➤ After School Ski Program Omineca Ski Trail from 3:30pm-5:00pm* ➤ Volleyball at WKE from 7pm-8:30pm ➤ Right to Play ~ Youth Center from 5pm-7pm 	7 <ul style="list-style-type: none"> ➤ Young Adults Drop-In at Wellness Center from 1pm-3pm ➤ Youth Group Work Out at MMPS from 5:30pm-8pm 	8 <ul style="list-style-type: none"> ➤ Women's Group @ the Wellness Center 1pm-3pm ➤ After School Ski Program Omineca Ski Trail from 3:30pm-5:00pm* ➤ Right to Play ~ Youth Center from 5pm-7pm 	9 <ul style="list-style-type: none"> ➤ Xplore Sports Program @ WKE from 3:30pm-5pm ➤ Badminton/Volleyball at WKE from 6:30pm-8:00pm ➤ Right to Play ~ Youth Center from 5pm-7pm 	10 <ul style="list-style-type: none"> ➤ Food Skills for Families ~ Wellness Center from 11am - 3pm 	11
12  Daylight Saving Time Begins!	13 <ul style="list-style-type: none"> ➤ After School Ski Program Omineca Ski Trail from 3:30pm-5:00pm* ➤ Volleyball at WKE from 7pm-8:30pm ➤ Right to Play ~ Youth Center from 5pm-7pm 	14 <ul style="list-style-type: none"> ➤ Young Adults Drop-In at Wellness Center from 1pm-3pm ➤ Youth Group Work Out at MMPS from 5:30pm-8pm 	15 <ul style="list-style-type: none"> ➤ Women's Group @ the Wellness Center 1pm-3pm ➤ After School Ski Program Omineca Ski Trail from 3:30pm-5:00pm* ➤ Right to Play ~ Youth Center from 5pm-7pm ➤ Chief & Council Community Mtg at LBN Main Office from 9am-3pm 	16 <ul style="list-style-type: none"> ➤ Xplore Sports Program @ WKE from 3:30pm-5pm ➤ Badminton/Volleyball at WKE from 6:30pm-8:00pm ➤ Right to Play ~ Youth Center from 5pm-7pm 	17 <ul style="list-style-type: none"> ➤ Food Skills for Families ~ Wellness Center from 11am - 3pm ➤ Lateral Violence Workshop at MPMC from 10am-2:30pm <p style="text-align: center;">St. Patrick's Day </p>	18
19	20 <ul style="list-style-type: none"> ➤ Right to Play ~ Youth Center from 5pm-7pm ➤ Badminton at WKE from 7pm-8:30pm 	21 <ul style="list-style-type: none"> ➤ Young Adults Drop-In at Wellness Center from 1pm-3pm ➤ Youth Group Work Out at MMPS from 5:30pm-8pm 	22 <ul style="list-style-type: none"> ➤ Women's Group @ the Wellness Center 1pm-3pm ➤ After School Ski Program Omineca Ski Trail from 3:30pm-5:00pm* ➤ Right to Play ~ Youth Center from 5pm-7pm 	23 <ul style="list-style-type: none"> ➤ Xplore Sports Program @ WKE from 3:30pm-5pm ➤ Right to Play ~ Youth Center from 5pm-7pm ➤ Youth Basketball at WKE from 7pm-8:30 ➤ CNPN Session at Health Boardroom 1:00pm 	24 <ul style="list-style-type: none"> ➤ Food Skills for Families ~ Wellness Center from 11am - 3pm <p style="text-align: center;">World Tuberculosis Awareness Day* </p>	25
26	27 <ul style="list-style-type: none"> ➤ Right to Play ~ Youth Center from 5pm-7pm ➤ Badminton at WKE from 7pm-8:30pm 	28 <ul style="list-style-type: none"> ➤ Young Adults Drop-In at Wellness Center from 1pm-3pm ➤ Youth Group Work Out at MMPS from 5:30pm-8pm 	29 <ul style="list-style-type: none"> ➤ Women's Group @ the Wellness Center 1pm-3pm ➤ After School Ski Program Omineca Ski Trail from 3:30pm-5:00pm* ➤ Right to Play ~ Youth Center from 5pm-7pm 	30 <ul style="list-style-type: none"> ➤ Xplore Sports Program @ WKE from 3:30pm-5pm ➤ Badminton/Volleyball at WKE from 6:30pm-8:00p ➤ Youth Basketball at WKE from 7pm-8:30 	31 <ul style="list-style-type: none"> ➤ Food Skills for Families ~ Wellness Center from 11am - 3pm 	

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For more information on any of these events/programs/meetings; please contact the LBN Main Office at 250-692-4700.

After School Ski-Program:

Free. Youth Ages 8-12. All equipment will be supplied and rides to Ski Trail are available. Please contact Murphy or Keith at 250-692-4700.